



## Week 9: Learning Project - Sport Online

**Age Range:** Reception/Y1 ~ Class 1

Hello Lovely Children of Class 1,

As always, the Home Learning is here to provide you with ideas/inspiration and there is no pressure to complete all the activities. Do what works best for your family, enjoy quality time with your loved ones and enjoy exploring outdoors safely. Reception children and families, please continue to login into Tapestry and share pictures, I adore seeing all the lovely things you are doing at home. Year 1 remember to login to Seesaw and Mymaths – here I can see the activities you and your family are doing and leave feedback for you to read. Keep checking these learning platforms as I will be adding stories and activity visuals to support you further.

Missing you all,

Mrs Sharp

### Weekly Reading Tasks

**Monday-** Talk to your child about sports day. Read together the information sheets about Sports Day at the end of the pack.

Practise reading the following words. Write them onto flash cards to use at home.  
Focus on the following Red words:

the  
said  
my  
go  
to

Throughout the week see if you can write and read these words. Can you create any games using these words?

Year One Challenge ~

**Monday-** Provide your child with a bag and ask them to collect items to go in it that relate to a well-known story. If they can't find an item, they could draw a picture instead. Ask them to use the objects in the story bag to retell the familiar story.

### Weekly Phonics Tasks

**Monday- [Daily Phonics](#)** - Practise the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. Make your own bingo boards using this week's keywords – use a hat / gift bag etc to put your flash cards into. Take it in turns to take a word out of the bag and mark off on your bingo board.

Daily Phonics

**Focus sounds: ay (May I Play)-**

-Fred talk: day, hay, clay children blend.

-Write words for children to read: may, play, bay  
encourage the children to spot the special friends.

-Write alien words for the children to read: nayf, cayb, zay  
Encourage children to spot special friends.

-Children practice writing 'ay' use sound mat to support handwriting patter.

-Fred talk words for children to write, encourage them to show Fred Fingers (tell them how many sounds are in the word), get them to pinch the sounds and then write the word. Words for writing: way, pray, ray, pay  
Encourage the children to tick and fix.

<p>Below are some pictures for inspiration –</p> <div data-bbox="344 112 512 278"></div> <div data-bbox="613 112 791 278"></div>	<p><b>Follow this format for each focus sound.</b></p> <p>To support you in delivering daily phonics please explore the following website: <a href="https://www.ruthmiskin.com/en/find-out-more/parents/">https://www.ruthmiskin.com/en/find-out-more/parents/</a>. You will find a short video which clearly shares how each sound should be pronounced.</p> <p>It would be great to see any Phonics learning/games on Tapestry. Please refer to flash cards if you need them, which have been uploaded.</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Monday-</b> The word ‘<b>sport</b>’ contains the sound ‘<b>or</b>’. Ask your child to list as many words as they can containing the ‘<b>or</b>’ sound. Your child might identify words that contain an alternative spelling for ‘<b>or</b>’ such as <b>oor/ore/aw/au</b>.</p> <p>Challenge ~ Can you write a sentence using a word containing the ‘or’ sound?</p>
<p><b>Tuesday-</b> Listen to stories linked to Sports Day <a href="#">Peppa Pig</a></p> <p>Read keywords for this week (see Monday).</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Tuesday-</b> Talk to your child about a hero from a book they have read recently, for example the Prince from Rapunzel or Mulan. Ask them to draw the hero or heroes from a story and list adjectives to describe their appearance and personality.</p>	<p><b>Tuesday-</b> Can your child think of rhyming words? Take it in turns to say a rhyming word i.e. cat, <b>mat</b>, bat, <b>sat</b>. Encourage your child to think about and play with rhyming words. The adult begins with the prompt <i>I know a word that rhymes with cat, you need to put one on your head and the word is...hat</i>.</p> <p>Daily Phonics:  <b>Focus sound: g</b>  g words for blending, reading and writing: got, good, mug, rug, girl, gum, bug, gig, jug, dig, wag  Alien words: gef, nig, gaf</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Tuesday-</b> Play the <a href="#">Solve, Shoot, Score spelling game</a> on the Premier League Primary Stars. Encourage your child to write down the words spelt and add sound buttons.</p>

<p><b>Wednesday-</b></p> <p>Listen to stories linked to Sports Day <a href="#">The Large Family, Sports Day by Jill Murphy</a>.</p> <p>Have you got any Large Family stories at home? Here's a link to a story if you don't have one at home and you'd like to hear more -Five Minutes Peace by Jill Murphy <a href="https://www.youtube.com/watch?v=EA3blQB1psU">https://www.youtube.com/watch?v=EA3blQB1psU</a></p> <p>Read keywords for this week (see Monday).</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Wednesday-</b> Your child can listen to the Cbeebies story 'Martin the Mouse' (<a href="#">click here</a>). Ask your child to record the main events from this sporty story. They can draw the events, write sentences or even retell the story orally in their own words – Remember to share your learning on Seesaw, I cannot wait to see!</p>	<p><b>Wednesday-</b> Play <a href="#">Phonics Pop</a> - Once you have selected the sounds (you must select at least three sounds), click 'Go'. Ask your child to listen to the new sound and click these to pop them. Also try and catch the aliens.</p> <p>Daily Phonics: <b>Focus sound: ee (what can you see?)</b> <b>ee</b> words for blending, reading and writing: jeep, beep, feet, sheep, deep, keep, week, need, weed Alien words: weeg, meep, veeg</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Wednesday-</b> Ask your child to list words to describe athletes or their sporting hero such as Mo Farah, Lionel Messi or Venus Williams. For example, <i>strong, winner, speedy</i>. Can they use these words to write descriptive sentences about athletes?</p>
<p><b>Thursday-</b> Develop listening skills by encouraging your child to listen to the <a href="#">BBC School Radio episode</a> about sports.</p> <p>What is your favourite sport? Can you draw a picture or write a sentence to demonstrate this?</p> <p>Read keywords for this week (see Monday).</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Thursday-</b> Ask your child to choose and read a healthy recipe from a recipe book. If you have the ingredients, why not follow the recipe together?</p> <p><b>Challenge time:</b> - <i>You could scribe simple instructions for your children to read independently and follow in order to make a fruit salad – E.g. First, peel 1 orange, next pull the segments apart, then chop a strawberry into 4 pieces....</i></p>	<p><b>Thursday-</b> Repeat Buried Treasure from last week's learning: Write out some real words and made up words (e.g. tud, jup, fub). Place these in a pile and using 2 containers, label one as 'Treasure' and the other as 'Bin'. Can your child read the word and decide if it is real? If it is real it goes in the treasure chest, if not it goes in the bin.</p> <p>You can also find a version of this game on Phonics Play. Remember that some sounds are different on that website to the RWI scheme.</p> <p>Daily Phonics <b>Focus sound: a</b> <b>a</b> words for blending, reading and writing: ant, map, bank, sack, fan, hat, nap, sat, hang, tag, dad Alien words: laf, saz, paj</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Thursday-</b> Your child could visit Phonics Play and play <a href="#">this Sentence Substitution game</a>.</p>
<p><b>Friday-</b> Read a range of stories at home- enjoy reading them together. Talk to your child about their likes and dislikes in the story.</p> <p>Read keywords for this week (see Monday).</p>	<p><b>Friday-</b> Provide your child with some simple words linked to sport e.g. <b>ran</b>. Say the word in sounds e.g. <b>r-a-n, h-o-p, j-u-m-p</b> Ask your child to repeat the sounds and then write the sounds if they are able to, encourage them to use their Fred Fingers.</p>

<p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Friday-</b> Watch and listen to <a href="#">‘The Little Princess: I Want to Win’</a> based on the Tony Ross book. Talk to your child after this about how the Little Princess felt each time she won a game. Can they think of a time they felt like the Little Princess?</p>	<p>Daily Phonics  <b>Focus sound: igh</b>  <b>igh</b> words for blending, reading and writing: light, night, might, high, bright, fight, sight, right            Alien words: jigh, nighd, bighf</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Friday-</b> Ask your child to add the <b>‘ing’</b> suffix to these verbs: jump, skip, hike, throw, catch, kick, smile, run &amp; shout e.g. jump + ing = jumping. Which root words need the <b>‘e’</b> removing first? Which words need to double the last consonant? Remember you can share your learning online with us!</p>
Weekly Writing Tasks	Weekly Maths Tasks- Positions
<p><b>Monday-</b> Can your child talk about all the different sports they know? Can they have a go at writing them in a list (i.e. run, jump, skip)? Talk about why people write lists and how-to layout a list. Remember to encourage them to use their Fred Fingers to support them hearing the sounds. Fred talk the word and write it down!</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Monday-</b> Has your child got a favourite sportsperson? This could be their P.E. teacher, someone they have seen on television or a coach from outside of school! Ask them to draw a picture of this person – they could label the drawing or, write an information booklet about them.</p>	<p><b>Monday-</b> Listen to <a href="#">this song</a> and watch a short <a href="#">video</a> to learn positional language.</p> <p><b>Play the prepositional game at the end of the pack.</b></p> <p>White Rose Weekly Maths    White Rose Maths -click for Summer Term guidance.</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Monday-</b> Play a board game together like <a href="#">Snakes and Ladders</a> so that your child can practise their counting and the language of position and direction.</p> <p>As an extra challenge – why not create a board game one of your own based on a Sports Theme or a topic of your choice?</p> <p><a href="#">Bitesize Maths</a> online daily maths lessons with worksheets</p> <p><a href="#">White Rose Maths</a> online daily maths lessons. Use bitesize link for maths sheets</p> <p><a href="#">CODE Maths Hub Daily Fluency Activities</a> - Day 1    Week 4</p>
<p><b>Tuesday-</b> Discuss what is the most important thing to remember on sports day – see slides below. Ask your child to write a simple sentence about winning a race or taking part in a race. Encourage them to use their phonic knowledge to sound out and use their phonic visuals to support their writing.</p> <p>Here’s a link to support you with the correct sounds -  <a href="https://www.brizeprimary.org/documents/phonics_sounds_set_1_2_and_3-">https://www.brizeprimary.org/documents/phonics_sounds_set_1_2_and_3-</a></p>	<p><b>Tuesday-</b> Play positional language Hide and Seek- Choose a selection of items and hide them. Ask your child to count out loud while you’re doing this. Give them clues about the positions of the objects, e.g. <i>it’s under the chair</i></p> <p>White Rose Weekly Maths    White Rose Maths -click for Summer Term guidance.</p>

<p><a href="#">2.pdf</a></p> <p><u>Year One Challenge ~</u></p> <p><b>Tuesday-</b> Ask your child to think of questions they’d love to ask their favourite athlete. They could write a list of questions using a range of questions words such as <b>‘when’</b>, <b>‘why’</b>, <b>‘who’</b>, <b>‘what’</b>, <b>‘where’</b> and <b>‘how’</b>. Your child could then answer their own questions in the role as their hero or, interview a family member in the role of this athlete.</p>	<p><u>Year One Challenge ~</u></p> <p><b>Tuesday-</b> Create your own maze by drawing or making one. Place an object on the ground and use positional language such as <b>forward, backwards, up, down, left and right, quarter turn, half turn etc</b> to direct them to the object. Then switch roles and get your child to give the directions.</p> <p><a href="#">White Rose Maths</a> online daily maths lessons</p> <p><a href="#">Bitesize Maths</a> online daily maths lessons with worksheets</p> <p><a href="#">CODE Maths Hub Daily Fluency Activities</a> - Day 2 Week 4</p>
<p><b>Wednesday-</b> Ask your child to draw a picture of themselves doing something sporty or them taking part in an obstacle course. i.e. running, jumping, a cartwheel. Can they label the picture or write a simple sentence e.g. I can hop.</p> <p><u>Year One Challenge ~</u></p> <p><b>Wednesday-</b> Visit the Literacy Shed for this wonderful resource on <a href="#">The Catch</a> or your child could write their own sporting story featuring their hero.</p> <p>Once upon a time....</p>	<p><b>Wednesday-</b> Listen to <a href="#">‘We’re Going on a Bear Hunt’</a>. Talk about the positional language used in the story – through, over, under. Create a story in the house using these words- over, under, though, behind, next to, opposite, around.</p> <p>White Rose Weekly Maths    White Rose Maths -click for Summer Term guidance.</p> <p><u>Year One Challenge ~</u></p> <p><b>Wednesday (theme)-</b> Play ‘Catch’ with your child using a ball or anything else that can be thrown safely. Instead of counting in 1s each time the ball is caught, ask your child to only count every <b>second, fifth</b> or <b>tenth</b> catch.</p> <p>As an extra challenge start on 20 and count back in 2s, start on 5 and count back in 5s and 100 and count back in 10s.</p> <p><a href="#">White Rose Maths</a> online daily maths lessons</p> <p><a href="#">Bitesize Maths</a> online daily maths lessons with worksheets</p> <p><a href="#">CODE Maths Hub Daily Fluency Activities</a> - Day 3 Week 4</p>
<p><b>Thursday-</b> Use this <a href="#">animated letter formation tool</a> to help your child practise letter formation. You can select those they find most challenging. Practise writing your first name and your surname. Practise writing the following letters s, p, o, r, t, s, d, a, y, can you write the letters onto a line? Take care with the letters p and y, remember the descender (the tail) comes below the line.</p> <p><u>Year One Challenge ~</u></p> <p><b>Thursday-</b> Can your child design a poster all about teamwork? This could be linked to your</p>	<p><b>Thursday-</b> Encourage your child to jump, hop or skip. Give them directions as they do this e.g. jump forwards 5.</p> <p>White Rose Weekly Maths    White Rose Maths -click for Summer Term guidance.</p> <p><u>Year One Challenge ~</u></p> <p><b>Thursday-</b> Encourage your child to play this <a href="#">NRICH activity</a> to develop their understanding of positional language.</p>

family and how you all have to work together as a team.	<a href="#">White Rose Maths</a> online daily maths lessons <a href="#">Bitesize Maths</a> online daily maths lessons with worksheets <a href="#">CODE Maths Hub Daily Fluency Activities</a> - Day 4 Week 4
<p><b>Friday-</b> Support your child to practise writing the Red words for this week.</p> <p>How fast can they write the word? Maybe you could use a stopwatch to help your child challenge themselves.</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Friday-</b> Ask your child to design a gold medal and present it to somebody deserving within the household. Why have they chosen this person? Ask them to write a few sentences and include the word ‘<b>and</b>’, ‘<b>because</b>’ and ‘<b>if</b>’. I would love to see a photo of these!</p>	<p><b>Friday-</b> Make a positional language picture- cut out a selection of 2D shapes. Give your child positional instructions to create a picture e.g. <i>put the square in the middle of your page</i>.</p> <p>White Rose Weekly Maths    White Rose Maths -click for Summer Term guidance.</p> <p style="text-align: center;"><u>Year One Challenge ~</u></p> <p><b>Friday (theme)-</b> Get in the Sports Theme and have a family long jump competition. Ask your child to measure the length of each jump using household objects to start with such as clothes pegs or Lego progressing to a standard unit such as measuring tape. Record the lengths using the different units. Who jumped the furthest? Who had the shortest jump? What was the difference between the shortest and longest jump?</p> <p><a href="#">White Rose Maths</a> online daily maths lessons  <a href="#">Bitesize Maths</a> online daily maths lessons  <a href="#">CODE Maths Hub Daily Fluency Activities</a> - Day 5 Week 4</p>

Learning Project - to be done throughout the week
<p>The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.</p> <p><b><u>Sports Day</u></b></p> <p>1.            Can you set up your own sports day in your garden? Have a running race, egg and spoon, sack race (use an old pillowcase), make some hurdles etc.</p> <p><b><u>Design your own kit</u></b></p> <p>2.            Can you select your own football kit? Select whatever colour and patterns you like. What number will you have on the back of your shirt?</p>

**Ball Games**

3. Play a game of catch with a ball - when you drop the ball, you lose a point. You could record points using a tally chart and count up who has the most points at the end.  
**CHALLENGE:** See if you can catch the ball standing further apart, catch with one hand or use a smaller ball.

**Play Skittles**

4. If you have a set of skittles, you're ready to go, if not you can make your own skittles using plastic bottles. Take a plastic bottle and partly fill with soil/ stones or sand to weigh it down. If you don't have plastic bottles available, you could use tin cans for an alternative version. Ask your child to count how many skittles there are to begin with. Roll the ball at the skittles and ask your child to count how many they have knocked over. Can they work out how many are left? **CHALLENGE:** You could write this out as a subtraction number sentence e.g. if you start with 5 skittles and knock over 2 your child would write  $5 - 2$ . Ask them to count how many are left to find the answer  $5 - 2 = 3$



**Competition Time**

5. Have a time challenge. Give your child an action to do e.g. hop, skip, jump, clap or star jump. How many can they do in one minute? Keep a record of the scores. Ask everyone in the house to have a go!

**Parts of the Human Body**

6. Ask your child which parts of their body they use to run? To do a hand stand? Draw the parts of the body and for a challenge ask them to label them using their phonics knowledge.



**Create your own Junk Modelled Football Pitch**

7. Using a lid of a shoe box or similar container, help your child to cut out two holes on each end as the goals. If you have green card or paper, stick this in the base, if not you can colour in plain paper using a crayon. Draw out the marking on the pitch using crayons or felt tips. When finished, stand your football pitch on a box on the table. Using something ball-like (e.g. a sweet), take turns aiming at your partner's goal whilst the other tries to save the goal. If you score you get to eat the sweet! **CHALLENGE:** Write instructions to play your game e.g. 1. Put the ball in. 2. Flick at the goal. 3. Eat the sweet!

**STEM Learning Opportunities #sciencefromhome**

**Brilliant Bodies**

Try testing your body by seeing how long you can balance for, try balancing on different parts of your body. Record how long you were able to balance. Compare times and discuss with your family.

**Mindfulness** - Helping your child to have some focused mindfulness time is a great way to help them cope with any difficult feelings or emotions that they might be experiencing at the moment. Mindfulness activities also contribute to brain health and general wellbeing. Start with short amounts of time and build up as your child develops the ability to be still, calm and quiet.

After your child has done something energetic, like dancing, have them take time to lie down with their hands on their chest. Ask them to close their eyes and tune into the feeling of their heart pumping and their chest rising and falling with each breath. Now ask them to bring their attention to their toes, feeling into their little toes and across to their big toes. You might need to gently place your hand on that part of their body to help them feel where they need to focus. Now ask them to bring their attention up to their ankles, then their calves, shins, knees, etc. Keep guiding them to gradually bring their attention in an upwards direction. When they get back to their chest, ask them to again tune into the beating of their heart and the feeling of their breath. Have them remain here, just breathing and staying still, for 1 or 2 minutes.

**Additional learning resources parents may wish to engage with**

- [White Rose Maths](#) online maths lessons. Watch a lesson video and complete the worksheet
- [Numbots](#). Your child can access this programme with their school login.
- [IXL](#) Click on Maths, Reception. There are interactive games to play and guides for parents.
- [Talk for Writing Home-school Booklets](#) are an excellent resource to support your child’s speaking and listening, reading and writing skills.

**#TheLearningProjects**  
in collaboration with







### Sports Day

What Is Most Important?

What Else Can You Earn?

What Can Be Won?

Is It a Competition?

Are There Family Races?

What Is Sports Day?

When Is Sports Day?

Who Comes to Watch?

What Activities Are There?



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### What Is Sports Day?

Sports day is a day when children take part in lots of different sporting activities at school.

Some schools have a whole day and some have a morning or afternoon of sports.

Sports Day is also sometimes known as Field Day or Athletics Day.



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### When Is Sports Day?

Sports day is usually held outside, on the school field or playground, if the weather is fine.

Most schools in the UK hold their Sports Day in the summer term, during May, June or July.

Often, schools pick a date and also have a standby date, in case it rains on the first date.



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### Who Comes to Watch?

Most schools invite parents, carers and other family members to come to watch and cheer. They are called 'spectators'.

There are also your friends and teachers there too!



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### What Activities Are There?

Share it...

Which Sports Day activities have you done or seen before?

Discuss it with a partner...

Which activity is your favourite?



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### What Activities Are There?

Every school chooses their own sports activities to have on Sports Day.

There are many sporting activities like, such as...



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Zoom

### Running Race



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### Egg and Spoon Race



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### Skipping Race



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### Sack Race




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### Bat and Ball Race




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### Obstacle Race



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### Relay Race



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### Are There Family Races?

Schools often have a toddler race for the young children to join in with.

Some schools also have a parents or adult race.

The children often find these very fun and cheer loudly!



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### Is It a Competition?

Some schools have their Sports Day just for fun and some have a competitive Sports Day.



### Is It a Competition?

In a competitive Sports Day, children score points for their team, school, family group or school house.

RED	GREEN
401	405
WHITE	BLUE
396	378

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### What Can Be Won?

If it is a competition, the winning team might win a trophy!



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### What Else Can You Earn?

Some schools have rosettes, certificates and medals that the children can earn too.



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