

Winter 2018-19

EAT WELL
WITH BUBBLE
& SQUEAK



w/c 5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan

Monday

Tuesday

Wednesday

Thursday

Friday

v Vegetarian All Day Breakfast v Cauliflower & Broccoli Cheese v Quorn Roast with gravy & potatoes

All Day Breakfast Pork sausage, bacon, hash brown, beans & tomato v Beef Lasagne v Roast Chicken with stuffing, gravy & potatoes

Pineapple Upside Down Cake

Tutti Frutti Tuesday Strawberry Mousse & fruit

w/c 12th Nov, 3rd Dec, 24th Dec, 14th Jan, 4th Feb

Monday

Tuesday

Wednesday

Thursday

Friday

v Quorn sausage, hash brown, beans & tomato v Beef Bolognese Carbonara

v Tomato & Basil Beef Bolognese Carbonara

v Golden Fish Fingers (Cod & Salmon) with chips

v Chocolate Krispie

Pasta Bar with selection of homemade sauces

v Tutti Frutti Tuesday

Fruit Crumble with custard

v Macaroni Cheese with herb bread

v Battered Fish with chips

v Sultana and Oat Cookie with fruit slices

w/c 19th Nov, 10th Dec, 31st Dec, 21st Jan, 11th Feb

Monday

Tuesday

Wednesday

Thursday

Friday

v Sweet Potato & Chickpea Curry with wholemeal rice v Cheese, Potato & Leek Bake with baked beans

v Roast Gammon with gravy & potatoes

v Shortbread Biscuit with fruit slices

v Shepherdess Hotpot with gravy v Macaroni Cheese with herb bread

v Winterberry Cheesecake

v Quorn Meatball Sub with homemade tomato sauce

v Berry Chilli

v Battered Fish with chips

v Chocolate Sponge with chocolate sauce

v Golden Fish Fingers (Cod & Salmon) with chips

v Winterberry Cheesecake

WEEK 1

WEEK 2

WEEK 3

We offer seasonal vegetables, bread, yoghurt and fruit daily.
(allergy information available)

Served Daily
A baked jacket potato with a choice of toppings



Aspens
Bubble

Option 13