



# Sports Premium 2016-2017

 

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### Introduction

The Creative Learning Academy Trust is proud of our sporting heritage and committed to ensuring every child has the opportunity to reach their best potential across a full range of sporting and physical activities. We understand that physical activity in school primes the brain for effective learning and is essential for the physical and emotional wellbeing of every child. As such we strive to promote healthy, active lifestyles and celebrate physical as well as academic achievement.

PE leads to improved fitness, health and well-being, concentration, attitude and academic achievement.

It is well documented that PE can help children:

- Raise their achievement
- Excel in different areas
- Build self-esteem
- Learn to co-operate as a team and display leadership skills
- Experience healthy competition learn to cope with life's successes and defeats
- To be more responsible for themselves and others
- Develop a healthy lifestyle

#### What is the Sport Premium?

As of April 2013 the Government announced new funding of 150 million ring fenced for Physical Education and Sport, this money is referred to as the Sports Premium money. This funding is to be used to improve the quality and breadth of PE and school provision. Lord Coe stated that "by focussing on primary schools, we have the opportunity to use sport and physical activity to shape the daily lives of young people".

## PE and School Sport Vision & Mission Statement

"Engagement, Participation and Progression"

#### **Our Vision**

For all children in our Multi Academy Trust to enjoy and develop positive attitudes towards Physical Education and Sport

# **Our Target**

All pupils participating in 60 active minutes a day by 2018

#### **Our Mission**

To deliver a consistent and sustainable PE program to improve fitness, health and well-being for all pupils across the MAT. To enable every child to fulfil their sporting potential by providing opportunities to participate in recreational and competitive sporting activities, with the goal to not only be physically active today but the opportunity to teach skills and behaviours conductive to maintaining physical activity for a lifetime.

# PE Curriculum Map

The PE curriculum map was produced to inform parents, students and teachers which sporting activities will be covered throughout the school year and for each year group. Our curriculum map has been specially designed by our qualified PE Teacher to provide a broad and balanced program which meets the needs of the National Curriculum.

Every class from reception to Year 6 receives two hours of curriculum PE per week, comprising of one indoor and one outdoor lesson. Our inclusive PE curriculum not only includes the traditional sports and swimming but Year 5&6 leadership, Multi Skills (FUNS for Everyone) and Fitness.

In the Autumn Term Year 586 will be taught a sequence of leadership lessons where they develop their team work, reflect on their own and others' performance, discover different leadership styles and qualities. They will also have the chance to apply these skills whilst coaching peers in lessons and younger children in the playground. As a result of this unit children become more independent and supportive of others.

The specifically designed fitness unit comprises of an intricate blend of anaerobic and aerobic exercises. Health and Skill related fitness components will be taught and practiced at the start of the autumn term, children are then tested in the following six component areas- Agility, Balance, Co-ordination, Power, Stamina and Strength. Each child will have their own booklet to compare their results from the autumn term to the summer term. The test replicates the energy demands and the movement patterns within a range of sports. Children are given the opportunity to learn about the benefits of leading healthy, active lifestyle. During the fitness units they will gain knowledge of a range of strategies to keep them fit outside school, in a bid to increase everyone's physical activity to 60 minutes a day. In addition to acquiring agility, balance and coordination, our holistic view is that it is vital for pupils to also develop: social, health, creative, and cognitive knowledge and skills during their PE time. Within all our PE lessons we aim to:

- Follow a sequential, developmental curriculum that progressively builds on past experiences and incorporates new experiences
- Keep children physically active for as much of the lesson as possible, a minimum of 75%
- Give sufficient time to practice the skill and concept being taught in that lesson- sometimes independently, in pairs or small groups.
- Make sure objectives and outcomes are achievable, successful children are more likely to continue and enjoy practice.
- Promote successful learning experiences where children feel confident to practice new skills and develop fitness without feeling embarrassed.
- Ensure all lessons are fun, engaging and motivate them to become physically literate i.e. developing the confidence, competence, knowledge and understanding that provides children with the foundations to movement.

|         | Curriculum Map for Physical Education         |                            |                                   |                                       |                            |                            |
|---------|---|----------------------------|-----------------------------------|---------------------------------------|----------------------------|----------------------------|
| Time    | <b>Autumn Term (1)</b><br>7 Weeks             | Autumn Term (2)<br>7 Weeks | <b>Spring Term (1)</b><br>6 Weeks | Spring Term (2)<br>6 Weeks            | Summer Term (1)<br>6 Weeks | Summer Term (2)<br>8 Weeks |
| Year R  | Agility, Balance and<br>Co-ordination Fitness | Introduction to Cymnastics | Movement and Music                | Swimming                              | Sports Day Dance           | Fitness                    |
| 7 car K | Observation Activities                        | Movement Games             | Multi Skills                      | Agility, Balance and<br>Ce-ordination | Sports Day Athletics       | Ball Handling              |
|         |   |                            |                                   |                                       |                            |                            |
| Year I  | Fitness                                       | Cym                        | Dance                             | Swimming                              | Sports Day Dance           | Fitness                    |
|         | Team Games                                    | Team Games                 | Net and Wall                      | OAA                                   | Sports Day Athletics       | Striking and Fielding      |
| Year 2  | Fitness                                       | Team Games                 | Dance                             | Swimming                              | Sports Day Dance           | Fitness                    |
| / 64/ 2 | Team Games                                    | Team Games                 | Net and Wall                      | OAA                                   | Sports Day Athletics       | Striking and Fielding      |
|         |   |                            |                                   |                                       |                            |                            |
| Year 3  | Fitness                                       | Gym                        | Dance                             | Swimming                              | Sports Day Dance           | Fitness                    |
|         | Invasion Games                                | Invasion Games             | Net and Wall                      | OAA Problem Solving                   | Sports Day Athletics       | Striking and Fielding      |
| Year 4  | Fitness                                       | Cym                        | Dance                             | Swimming                              | Sports Day Dance           | Fitness                    |
|         | Invasion Games                                | Invasion Games             | Net and Wall                      | OAA Problem Solving                   | Sports Day Athletics       | Striking and Fielding      |
|         |   |                            |                                   |                                       |                            |                            |
| Year 5  | Fitness                                       | Cym                        | Dance                             | Swimming                              | Sports Day Dance           | Fitness                    |
|         | Sports Leadership                             | Invasion Games             | Net and Wall                      | OAA                                   | Sports Day Athletics       | Striking and Fielding      |
| Year 6  | Fitness                                       | Gym                        | Dance                             | Swimming                              | Sports Day Dance           | Fitness                    |
| 1.000   | Sports Leadership                             | Invasion Games             | Net and Wall                      | OAA                                   | Sports Day Athletics       | Striking and Fielding      |

# Active Breaks & Sports Clubs

Outside of our two hours of high quality PE each week, we have a wide range of extra-curricular clubs, promoting participation for all. This academic year we will compete across a wide range of team and individual sports.

Research indicates that break times is one of the most effective way to keep children active, it is a brilliant opportunity for children to get most of their total daily exercise. With this in mind Playground Supervisors and playground leaders have received CPD to keep our playgrounds active. Among our organised playground games includes 'Funky Fitness Friday' where music will be played on the playground and leaders will deliver aerobics, dance and fitness challenges and children have the freedom to dance along. We were donated a playground equipment trolley by Tesco in March and use this to keep all our 'huff and puff' equipment looked after.

To monitor what activities are delivered in the playground we have a weekly planner to show children what activities are being led. Children are also rewarded for taking part in activities and are awarded stickers by lunchtime supervisors and raffle tickets by Year 6 leaders. If they received a raffle ticket they are in for a chance to win the weekly trophy which is awarded to the child who:

I. Stays Active 2. Acts Kindly 3. Listens Carefully

#### After School Clubs and Fixtures

To maximize opportunities for our children we attend nearly all festivals offered by the Camelford Cluster and Arena. We also provide a free hours swim at the local leisure centre. We have a wide range of sports on offer for children including hockey, netball, multi skills, fitstep, fundamental skills, dance and cross country. Furthermore, we are linked with outside agencies who support us with after school clubs- Kits on Coaching deliver football and Fast Forward Dance & Fitness delivers dance classes.



# 2016-2017 Budget and Impact

#### 2016-2017 £8371

| Area of Focus & Outcomes  | <b>Actions</b><br>(Actions identified through self-review to<br>improve the quality of provision)   | <b>Funding</b><br>(Planned/<br>actual spend) | Impact<br>(Anticipated/actual effect on pupils including<br>measures/evidence)   | Future Actions &<br>Sustainability<br>(How will the<br>improvements be<br>sustained and what will<br>you do next)   |
|---|---|--|--|---|
| Curriculum  | To further improve the teaching of Physical Education<br>and the learning experience for all pupils by employing<br>experts in the subject. | £4000  | The PE Teacher has developed schemes of work, created<br>sustainable assessment criteria to monitor progress, and<br>worked alongside teachers in lessons to increase subject<br>knowledge and confidence in teaching PE.<br>This has led to an increase in confidence in teaching PE<br>across the staff and better quality PE lessons. | Continue to lead 'new<br>initiative' CPD sessions.<br>Staff will feel empowered to<br>inspire a love of<br>physical activity, build pupil<br>confidence and drive<br>towards securing good or<br>better progress. |
| <b>Delivery</b><br>engage young people in a high<br>quality, broad and balanced<br>curriculum | ople in a high<br>nd balanced To continue to improve the PE equipment that the<br>pupils have access to, in order to improve specific skil  | £200 and<br>vouchers                         | PE leader has been able to give advice on buying quality<br>PE equipment that best suits children's age and ability.<br>Better quality equipment has been purchased so that it<br>should last longer.  | Ensure all equipment<br>bought is of good quality so<br>that it is more durable.<br>Keep a log of what is being<br>ordered.   |
|   | To improve provision across the MAT new PE Schemes<br>of work have been introduced.   | Arena<br>membership &<br>£50 printing        | Teachers can access an online folder with medium and<br>short term plans to adapt to suit their class. This has<br>saved teachers time as they know they are receiving good<br>quality ideas and no longer need to research what to do.<br>Children receive higher quality teaching and learning.  | PE co-ordinator monitors<br>PE planning files to ensure<br>they are of good quality.<br>Teachers to always adapt<br>plans to suit their class.  |
|   | Introduction to the New STA School Academy<br>Swimming scheme   | £15 plus printing<br>of certificates.        | Award schemes purchased with award certificates (plus all staff attended in house swimming CPD).   | To raise the profile of the<br>new scheme by getting  |

|   |  |                  | PE co-ordinator liaised with leisure centre staff and<br>school staff to make sure all understood how to use the<br>new STA scheme of work, working towards the<br>progressive awards (recorded on the assessment grid).  | parents more involved.<br>Promoting the leisure centre<br>for swimming lessons.   |
|---|--|------------------|---|---|
| Physical Activity,<br>Health & Wellbeing<br>all young people are aware of<br>health related issues and are<br>supported to make informed<br>choices to engage in an active<br>and healthy lifestyle | Purchase specialist equipment for use at break and<br>lunch.<br>To find an easier method for sports leaders and<br>adults to distribute and monitor playground<br>equipment. | £200             | Dot com trolley donated from Tesco to store playground<br>equipment. This trolley is easy to push and can store all<br>of the equipment in one place.<br>Children are more motivated on the playground due to<br>new equipment. Children receive a playground trophy<br>and stickers as a reward for being more active.<br>Huff and Puff equipment looked after by sports monitors.<br>Equipment will be rotated every half a year so that<br>children have winter and summer activities. | Link into sports teams.<br>Employ additional 'sports'<br>lunchtime supervisors to<br>lead sporting activities.<br>Energy club to run during<br>lunchtimes.<br>Skills2play sessions to run<br>during lunchtimes. |
|   | To provide in-school and after-school increased<br>opportunities to participate in a variety of sporting<br>clubs and local and County festivals and competitions.           | £IOO             | Raised the profile of PE and Sport with the community<br>by making links with local clubs, promoting results in<br>newsletters and the press, school displays and invitations<br>to parents to participate in sporting activities. We have<br>achieved `silver' Sainsbury's School Games Award.   | To keep looking for new<br>sporting opportunities and<br>volunteers to support clubs.   |
| Diverse &<br>Inclusive  | To inspire our children to partake in sports that they<br>may not have tried before and to develop a love of<br>learning for physical education.                             |                  | Children worked with Paralympic athlete Dan James.<br>Parents had commented on how their children had<br>been inspired and how this had had a positive effect on<br>their love for physical education.  | Register with 'sports for<br>schools' again next year.  |
| provide a fully inclusive offer<br>that recognises the diverse<br>needs of specific groups and<br>identifies tailored opportunities<br>for all young people   | To develop KSI OAA experiences for our children.   | £30 on resources | Children have been inspired to partake in physical<br>activities including walking, climbing and orienteering.<br>Children are able to enhance their love for physical<br>activity in the outdoors by studying OAA in KSI.  | Next year to look into<br>orienteering courses outside<br>of school grounds.<br>Look into Sailing at Rock<br>for Upper KS2.   |
| <b>Competitions</b><br>Provide a well organised,  | Transport to school games events.  | £30              | Increased number of students participating in events around the county.   | /   |

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|---|--|-----------------------------|--|--|
| appropriate and enjoyable<br>programme of competitions and<br>festivals for students of all                         | Entry into Arena Sports Network  | £500                        | Entry to Arena Sports network to give children a greater opportunity to compete against others from the local area.  | /  |
| abilities   | To increase the amount of sporting opportunities for children across the MAT                                 | Supply costs                | P.E. coordinator has organised extra competitions against<br>local school to increase participation rates.<br>Along with entering Wadebridge cluster XC events.  | Inter team competitions<br>each term   |
| Leadership,<br>Coaching &<br>Volunteering   | Introduce leadership module within the curriculum in<br>years 5 and 6.                                       | Cover for PE<br>specialist. | Sports leaders support after school clubs and<br>Year 6 deliver good quality playground games.<br>Increased activity during break and lunchtimes.  | Inter team competitions run<br>by sports leaders.  |
| provide pathways to introduce<br>and develop leadership skills  | Introduce a playground sports leaders programme to facilitate activities at break times.                     | Cover for PE<br>specialist. | PE teacher developed leadership skills in upper KS2 to<br>run lunchtime activities with younger pupils.  | Purchase playmaker scheme<br>and deliver to Year 6<br>cohort in September.   |
| Community<br>Collaboration  | Being part of the Arena sports partnership   | £500                        | Increased participation in local competitions.<br>Sporting challenges set by Arena encourage children to<br>take part in competitive sports challenges on a weekly<br>basis. Children, parents and staff winners of the sports<br>challenge are presented with a certificate within<br>celebration assemblies. | Ask secondary school to<br>borrow street surfing<br>equipment.<br>Contact Go Active to<br>deliver sessions on fencing<br>and zorb football.  |
| people of all abilities to extend<br>their school activity<br>transitioning into sustained<br>community based sport | Children have the opportunity to attend sports<br>delivered by outside agencies.                             |                             | Kits on Coaching have delivered after school clubs to<br>children at our MAT   | Continue to make links with<br>outside agencies. Find out if<br>we can use leisure centre<br>sports hall and link TPS<br>and DPS for after school<br>clubs at 4pm. Make a link<br>with companies offering<br>alternative sports. |
| Workforce<br>increased confidence,  | PE specialist has completed a staff audit and started<br>to deliver CPD to all staff to strengthen the team. | Staff over-time             | Increased confidence in teaching a wider variety of sports during curriculum lessons.  | Pay for TA's to run after<br>school clubs to increase the<br>range of sports on offer  |
| knowledge and skills of all staff<br>in teaching PE & sport   | Attending ARENA CPD opportunities  | Supply                      | The PE Leader was released to attend the Cornwall PE<br>Conference where CPD was accessed and shared with<br>colleagues.   | Continue to pay into<br>ARENA.   |

### 2017-2018 Action Plan

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| Target  | Action   | Intended Outcome   |
|---|--|--|
| To improve the quality of assessment in<br>PE to inform future planning/teaching      | Teachers to use new assessment tool for all aspects of PE. Teachers to use<br>this information to set targets and motivate children to improve (including<br>swimming). The PE co-ordinator has developed an electronic assessment tool<br>using the National Curriculum outline to form the basis of a tracking<br>sheet.<br>Teachers will receive CPD session and practise ready for implementation in<br>2017-18. | Pupils tracking their own progress against learning<br>criteria and setting their own targets for improvement.<br>It is vital that assessment information is being used<br>effectively to identify pupils for additional support, such<br>as the development of hand—eye coordination or spatial<br>awareness<br>The information gained will be used in a comprehensive<br>analysis by the subject leader of progress against the<br>outcomes, incorporating a 'traffic light' system to track<br>pupils' progress and identify those underachieving or<br>achieving highly. |
| To increase drive and motivation to be successful in sport.                           | To trial (with Class 4) children creating and using a PE Passport.<br>An individual PE & Sport file will be given to each child next year,<br>including a record of clubs and teams they have been a part of.  | To motivate children to improve their physical literacy.<br>Increase use of ICT in PE lessons  |
| To keep increasing 'active' participation of<br>children at lunchtimes                | Hold more regular meetings with lunchtime supervisors. More training<br>required for lunchtime supervisors and Year 6 playground leaders.<br>All lunchtime supervisors trained to set up and engage children in active<br>games at lunch time (supported by year 6 'Huff & Puff' monitors).<br>Introduce pledge stickers.  | More children to be even more active at lunch times<br>with activities engaging pupils but also maintaining<br>popular traditional sports and 'Huff & Puff' equipment<br>use.<br>Current rotas and laminated games cards to be<br>embedded in routine.   |
| Increase children's general fitness levels<br>and education on health and well-being. | <ul> <li>-Purchase wake and shake scheme for mornings.</li> <li>-Enter all SSG competitions</li> <li>-Children to take part in the daily mile challenge in Summer Term.</li> <li>-Continue to make community links and introduce new sports after school.</li> <li>-Children to take part in two units of fitness (Autumn and Summer term).</li> </ul>   | More children being even more active because they want<br>to and they understand the health benefits.  |

| To target specific groups of children and | Deliver a 'Change for Life Club' – to educate children's perceptions about      | For all children in school to have a love of sport and       |
|---|---|--|
| deliver a club to raise aspirations in PE | food and exercise and teaches children the importance of physical well-being,   | a willingness to take part in PE lessons.                    |
| and school sport.                         | healthy eating and coping with winning and losing in competitions.              |  |
| -To increase participation of disaffected |   | For the talented children to feel appropriately              |
| pupils.                                   | Provide gifted and talented with support and opportunity to compete at a        | challenged. A wider variety of coaches will be acquired      |
| - To challenge the talented children in   | higher level.   | to inspire our children to undertake before, lunchtime       |
| the school.                               | Contact Go Active to deliver sessions on alternative sports to motivate         | and after school sport, more children will participate in    |
|   | children.   | competitive and non-competitive physical activity.           |
|   |   |  |
| Introduce a new PE kit                    | Each child receives four or five lessons of Physical Education a fortnight. In  | The new kit should boost self- esteem especially when        |
|   | order that standards of appearance, presentation, safety and hygiene are        | attending competitions. The kit will also be of higher       |
|   | maintained pupils will be required to wear an appropriate and professional      | quality and therefore last longer than budget items.         |
|   | PE kit and all children in school should wear exactly the same kit.             | To increase enthusiasm when competing and                    |
|   | , i i i i i i i i i i i i i i i i i i i   | representing the school in competition.                      |
| To develop and enhance our                | Continue membership with the cluster and ARENA in order to take part in         | The range of sporting opportunities delivered in the         |
| sporting partnerships with local          | all competitions throughout the year. Cluster to develop competitions for all   | cluster to increase. Children to benefit from the range      |
| schools.                                  | pupils to access. P.E. coordinator to organise extra competitions against local | of expertise across the cluster by sharing responsibility to |
|   | school to increase participation rates. Join Youth Sport Trust.                 | deliver festivals and share resources.                       |
|   |   |  |

# Sporting Highlights

Success Across the Multi Academy Trust

7 children qualified to represent East Cornwall in Cross Country

2<sup>nd</sup> place at area Athletics

Year 6 Boys qualified to represent East Cornwall in the Swimming Gala

#### Festival's our MAT has delivered to our cluster

KS2 Girls Football Festival- March

Netball Festival – March

Cross-Country League- May

Mini Olympics Festival- June

